

AOSA Professional Development Conference

November 7 - 10, 2018

Dalcroze Eurhythmics with Russian Overtones **Terry Boyarsky**

Crusis & Anacrusis - 2 rhythms, 2 "follows"

#1. Век живи -- век учись. Literal: Live for a century - learn for a century. (Live & learn.) (skip on) Vek zhee-vee, vek u - chiss #2. Рука руку моет. Literal: Hands wash each other. (One hand washes the other.) Ru - ka **ru**-ku ma-yet.

Solfège - The Birch Tree

T. gives first pitch, class sings next descending 4 notes (Sol) Fa, Mi, Re, Do or (5) 4, 3, 2, 1

Locomotor: step: Axial: use same rhythm

Quick Reaction - T plays major or minor chord.

- if major, step rhythm; if minor, express w/ axial movement + sing
- if stepping, end on tonic by touching someone; if axial, move together.

Discover phrases in "Birch Tree" - walk beat, change direction on new phrase

- How many phrases? How many beats/phrase?

Create Improvised dance - Sing song, improvise movement. Touch hands on last 2 notes.

Quick Reaction Exercise - Mixed Meter / Subdivisions

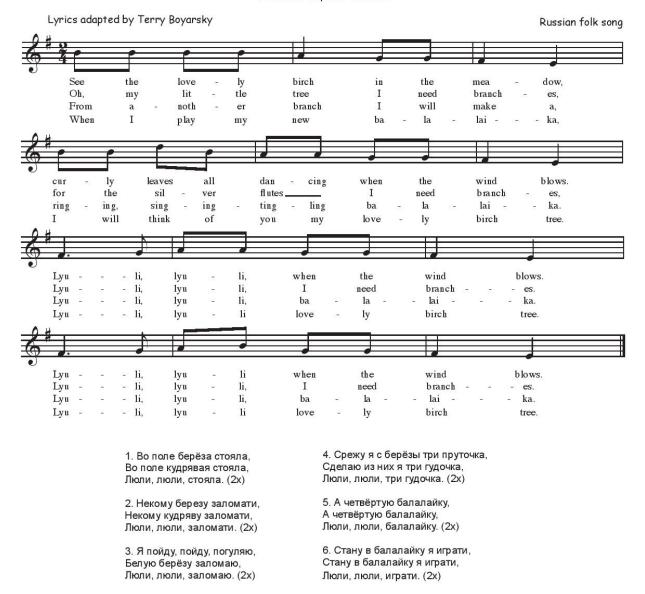
T. improvises: if 3+3+2/p = tiptoe alone (if "hopp!" walk beats & tap subdivisions) if 4/p = Grande Promenade with partner (canon by <math>2/p beats) if $2/\rho$. = sway with 3 people (canon by $2/\rho$. beats)

Uneven Phrase Lengths - Kak Po Logu

Discover irregular phrase lengths (5 - 5 - 6 - 7): "paint" phrases with another person's "brush." Trade for each new phrase (4). Sing together to see how each voice enters. Choreograph dance.

The Birch Tree

Во поле берёза стояла



Kak Po Logu

Along the Ravine





* In the English transliteration, "o" is pronounced somewhere between "uh" and "ah."

- 1. Как по логу, как по логу Идёт девка по ложочику По крутому бережочику.
- 2. Видит девка, видит красна По реке широкой плот идёт На нём парень бел в кудрях плывёт.
- 3. "Постой девка, постой красна Загадаю я загадочку: Чего шумит без погодушки?"
- Толь девушка, толь девушка, Толь девушка догадалася,
 Шумит речка без погодушки.

- 1. Along the ravine, along the ravine A young maiden is walking, along the ravine By the steep bank.
- 2. The girl sees, the pretty one sees A raft going on the wide river, On it sails a young man with blond curls.
- 3. "Wait maiden, wait my pretty one I am going to give you a riddle: What can roar without the weather?"
- 4. So the girl, so the girl,So the girl guessed -A river roars without weather.

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