

AOSA PROFESSIONAL DEVELOPMENT CONFERENCE NOVEMBER 2 – 5, 2016

Creating Community through Russian Chastushki

The *Chastushka* is a traditional Russian form of jamming and joking - a village art form where everyone has an opportunity to create their own verses and improvise dance movements with clapping and stomping. The musical dialogue takes place between two people, there is musical accompaniment (usually balalaikas and/or accordions) and a crowd gathers to encourage the participants.

The name originates from the Russian word часто (chasto) "often" and части́ть, (chastit) "to speak rapidly." Usually humorous, satirical or ironic in nature, this genre of traditional Russian poetry, Chastushka (часту́шка), is a single quatrain in trochaic tetrameter with an abab, abcb or (less frequently) aabb rhyme scheme.

Trochaic tetrameter:

"Peter, Peter, pumpkin-eater"

or, from Macbeth (Shakespeare):

Double, double, toil and trouble; Fire burn and cauldron bubble.

Chastuski (plural: часту́шки) cover a wide spectrum of topics, from lewd jokes to political satire, including such diverse themes as love songs and Communist propaganda. During Soviet times, the government even published large collections of "ideologically correct" chastushki.

After each *chastuska*, there is a full musical refrain without lyrics to give the listeners a chance to laugh without missing the next one. It gives the participants time to think up the next rhyme, too! Originally *chastushki* were a form of entertainment, not intended to be performed on stage. Sometimes they are used as a medium for a backand-forth mocking contest. Improvisation is highly valued during *chastuska* singing.

The last *foot* of a *chastushka* line is often a single stressed syllable rather than a full trochee, but no other structural variations are generally allowed. Due in part to this rigid structure, the tune used to sing them is standardized, but varies among different regions of Russia.

(adapted from https://en.wikipedia.org/wiki/Chastushka)

Write your own Chastushka

Names (of partners or team members)
Work with a partner to create your own <i>chastuska</i> . Think of it as just a story in couplets. It is supposed to be humorous, satirical or ironic. It could also express something you are angry about or something you want to make fun of.
Step 1 - Choose a subject for your <i>chastuska</i> . It could be about your life, a friend, a sport, or anything else that interests you.
Step 2 - List pairs of rhyming words. oak - spoke, heard - bird
Step 3 - Write sentences about your topic that end with the rhyming words from Step B.
A wise old owl sat in an oak, The more he heard the less he spoke;
Step 4 - Following the rhyme scheme of a <i>chastuska</i> (trochaic tetrameter), write two stanzas with four lines each. The verses should be call/ response, or question/answer. Your rhyme scheme can be <i>abab</i> , <i>abcb</i> or <i>aabb</i>
A wise old owl sat in an oak The more he heard, the less he spoke; The less he spoke, the more he heard, Why aren't we all like that wise old bird?

- **Step 5** Listen to the balalaika or accordion ostinato. Or practice the Orff instrumental accompaniment. Study the tempo, beat and meter to see how your rhymes fit the melody. During the interlude, the treble instruments can improvise. Find an ending to the song.
- **Step 6** Create some dance steps for the interlude.
- **Step 7** Perform your *chastuska* with your partner. Alternate singing the verses with with improvised dance movements in between. Create a larger form by linking with other duos.



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Chastushki

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